



Canadian Centre for Shamanic Studies

Reconnecting with our indigenous spirit,
rediscovering ancient wisdom,
coming into unity with all our relations

Journey Within: Basic Shamanism in Wawa

May 4 - 6, 2012

Special All Inclusive Retreat Pricing: **\$390.13/p** (after Feb 15: \$432.50)

"This process helped the voice within me become louder than the voices around me."

Basic Shamanism: The focus of this retreat is learning and practicing the Shamanic Journey for the purpose of problem solving and restoring spiritual health and power for oneself and others. Percussion instruments have historically been used in indigenous cultures as doorways into the spiritual world. Aided by the beat of a drum, shamanism retreat participants are invited to enter into an altered state of consciousness to explore hidden worlds traveled by our ancient ancestors. Through connecting with spiritual allies, participants tap into infinite wisdom, which is otherwise difficult to achieve in ordinary reality.

What to Expect: Friday May 4 there will be an evening circle at 7-9 pm. Saturday and Sunday retreat days run from 9 am - 4:30 pm with breaks for lunch. Participants are encouraged to be present for the entire retreat experience. Participants should bring appropriate dress for the weather and plan to be outside for at least part of the day.

More About the Wawa Retreat: The retreat takes place at Rock Island Lodge in Wawa (<http://RockIslandLodge.ca>) and includes lunch on Saturday and Sunday. This retreat is being hosted by [Debbie Sanders \(sanderd@email.adsb.on.ca\)](mailto:sanderd@email.adsb.on.ca).

CCSS in Community: The Canadian Centre for Shamanic Studies offers Introduction to Shamanism learning experiences in communities across Ontario, throughout Canada, and around the world. CCSS travels to communities to deliver half day, full day and multi-day shamanism learning experiences including Peacemaking, Medicine for the Earth, The Way of the Circle or Basic Shamanism. No previous experience is necessary, just a willingness to dream together.

Next Steps: Confirm your space toll free at **1-888-383-8320** in North America or check availability of this shamanic retreat and other shamanism retreats online at www.ShamanismCanada.com/planner.html.